SCHOEN CLINIC Centre for Mental Health Chelsea



Our leading London mental health and wellbeing clinic, for children and adults

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A very warm welcome to Schoen Clinic Chelsea

Opened in 2018, Schoen Clinic Chelsea is a modern and welcoming private mental health and wellbeing clinic in the heart of the Royal Borough of Kensington & Chelsea, discreetly located just off the King's Road.

Part of the multi-award-winning Schoen Clinic UK Group, Schoen Clinic Chelsea welcomes both self-funding and privately insured patients offering specialised treatments for a wide variety of mental health conditions, including eating disorders.

Age ranges treated are from 5 years+, through to adults of all ages.

Schoen Clinic Chelsea has a wide range of treatments and therapies on offer, delivered by an expert multidisciplinary team of psychiatrists, psychologists, therapists, nutritionists and mental health experts working together to deliver the best possible recovery outcome for the patient.

The clinic also offers a specialised mental health treatment programme for adults incorporating several carefully designed therapeutic groups including mindfulness, yoga, recovery and relapse prevention, schema therapy, assertiveness and self-esteem, stress management and mind and body connection.

Starting with an initial assessment, Schoen Clinic Chelsea offers patients a range of therapy services using a personalised and tailored blend of in-person and online appointments, treatment programmes, practical skills workshops and one-to-one and group therapies.

Part of an international hospital group

The Schön Klinik Group was founded in 1985 and has since developed into Germany's fifth-largest privately-owned hospital group. It currently treats 300,000+ patients annually at 46 hospitals and clinics across Germany and the UK. Schön Klinik has remained a trusted and reputable provider of mental health care in Germany and is known for its high quality services, expert staff and commitment to innovation and research.

Schoen Clinic UK Group offers innovative treatments for mental health conditions which are not always available via the NHS. We pride ourselves on being able to provide people with fast access to high quality healthcare, with minimal waiting times to start treatment.

Our purpose is to provide the most effective mental health care possible, helping people to feel better and recover faster. With our groups' 37+ years of experience treating mental health conditions, we have a longstanding reputation for providing highly specialised mental health care, both in the UK and internationally.

Also in the Schoen Clinic UK Group is Schoen Clinic Newbridge, a renowned specialist inpatient eating disorder hospital for children and teens located in Sutton Coldfield, just outside Birmingham.

Schoen Clinic York is an 84-bed facility in the North of England offering highly specialised inpatient treatment for adults with eating disorders.

In September 2024, a new service opens at York, offering inpatient care for individuals with young-onset, mild, moderate and advanced dementia.

Our presence is international:

- 46 hospitals and clinics across Germany and the UK
- Treating over 300,000 patients each year
- Employing over 11,000 colleagues
- Employing many of our world-leading Consultants
- Highly specialised multidisciplinary teams
- Award-winning facilities
- Nationally and internationally recognised for clinical outcome excellence
- Continuously reinvesting into our facilities, colleagues and technology.



Schoen Clinic Roseneck



Treatments and services at Schoen Clinic Chelsea

Conditions treated

- Addictions
- Anorexia Nervosa
- Attachment disorder
- Attention Deficit Hyperactivity Disorder (ADHD)
- Behavioural difficulties
- Bereavement and loss
- Bipolar disorder
- Body Dysmorphic Disorder (BDD)
- Bulimia Nervosa
- Burnout
- Cancer-related mental health
- Depression
- Disordered sleeping
- Divorce and seperation
- Fertility-related mental health
- Generalised Anxiety Disorder (GAD)

Therapy, groups and programmes

- Acceptance and Commitment Therapy (ACT)
- Art & creative therapy
- Assertiveness/Finding My Voice
- CBTe
- Cognitive Behavioural Therapy (CBT)
- Conflict Resolution
- Counselling
- Compassion-Based Therapy
- Dialectical Behaviour Therapy (DBT)
- Embodied psychotherapy
- Eye Movement Desensitisation and Reprocessing (EMDR) - including the Flash technique
- Exposure and Response Prevention (ERP) therapy

Assessments

- Adult mental health assessments
- ADHD assessments (adults & children)
- CAMHS mental health assessments

- Health anxiety
- Homesickness and expat identity
- Obsessive Compulsive Disorder (OCD)
- Other Specified Feeding or Eating Disorders (OSFED)
- Panic disorders
- Parenting
- Personality disorders
- Phobias
- Pregnancy and childbirth-related mental health
- Resilience and self-esteem
- Social anxiety
- Stress management
- Trauma

- Group therapy
- MANTRA therapy (for anorexia)
- Mental health treatment programme (adults)
- Metacognitive Therapy (MCT)
- Mindfulness
- Mindfulness-Based Interventions (MBIs)
- Occupational Therapy (OT)
- Relationship therapy & couples counselling
- Resilience & growth
- Systemic family therapy
- Yoga therapy

Adult Specialists

Psychiatry



Dr Daniel Masud Consultant Psychiatrist & Addictions & ADHD Specialist





Psychology



Mental H Magdalena Garcia

Clinical Psychologist

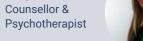
Psychotherapy

Mental Health & Eating Disorders





Isabelle Nussbaum Integrative





Dr Greg Shields Consultant Psychiatrist & **Cancer Specialist**













Lorraine Green

Psychotherapist

Darja Lee

Integrative

Psychotherapist

Emma Johnson

Systemic Family

Psychotherapist

Mental Health & Eating Disord

Principle

Mental H

Dr Katherine

Coutsoudis

Psychologist

Chartered

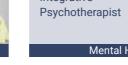






Kristin McCarthy Integrative











CAMHS Specialists

Psychiatry

Mental Health & F

Dr Hazel Fernandes Consultant Child & Adolescent Psychiatrist Dr Rashmi Verma Consultant Child & Adolescent Psychiatrist-ADHD & ASD Specialist Mental Hea



Psychology

Magdalena Garcia Clinical Psychologist Dr Hollie Shannon Senior Specialist Clinical Psychologist

Psychotherapy

Mental Health & Eating Disord



Mental Health & Eating Dis

Doone Smith Child Psychotherapeutic Counsellor

Other Specialties



Michelle Knowles Specialist Occupational Therapist

Montal

Adult & CAMHS Mental Health & Eating Disorders



Dr Gil Myers Consultant Child & Adolescent Psychiatrist



Mental Health

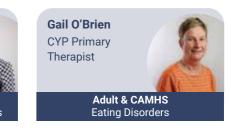


Dr Lorena Dumitrache Chartered Clinical Psychologist

Mental He









Inside Schoen Clinic Chelsea

We welcome visitors regularly at Schoen Clinic Chelsea and are always pleased to show people around our bright, modern and welcoming London clinic. You can rely on a warm welcome from every member of our team, who are always on hand to help.

Meet the senior team

Marco Burman-Fourie

Clinic Director

Marco joined Schoen Clinic in November 2023 bringing a wealth of experience. He is responsible for the clinical and operational management of Schoen Clinic Chelsea.



Isabelle Wood

Therapy Services Manager

Isabelle has extensive experience in mental healthcare, and enjoys helping patients access the full range of therapies on offer.



Pam Tincello

Operations Manager

Pam brings over 6 six years of management experience and over 10 years' experience in private healthcare. Pam is dedicated to improving and streamlining day-to-day operations for both colleagues and patients.





Accessing care at Schoen **Clinic Chelsea**

Funding methods accepted: Self-funding patients and privately insured patients from BUPA, Healix, WPA, AXA, Cigna, Aviva and Vitality.

Finding Schoen Clinic Chelsea

We are situated on Radnor Walk, just off King's Road in Chelsea. We are an 8-10 minute walk from Sloane Square underground station and well served by local bus routes and taxis.

While there is no on-site parking available at Schoen Clinic Chelsea, there are a number of nearby car parks within walking distance.

We like to make accessing our services as easy as possible. If you or someone you know needs our help, please reach out to our friendly team using the details below:

Telephone: 0203 146 2300

Referrals and enquiries: che-privateenquiries@schoen-clinic.co.uk

Website: schoen-clinic.co.uk/chelsea

Address: Schoen Clinic Chelsea, 13a Radnor Walk, London, SW3 4BP.



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Schoen Clinic Chelsea is part of the Schoen Clinic UK Group



schoen-clinic.co.uk